

Know Pain (Day 1)

8:30 Registration

9:00 Setting the scene

11:00 Break

11:15 Neurobiology of pain

12:45 Lunch

1:30pm Facilitating Pain Education (part 1)

3pm Break

3:15 Facilitating Pain Education (part 2)

5pm Finish

Know Pain (Day 2)

9:00 The language of pain

11:00 Break

11:15 Pain & the affective mind (part 1)

12:30 Lunch

1:15pm Pain & the affective mind (part 2)

2:45pm Break

3pm Getting going again

3:45 - 5pm Case studies